

| Module Title: | Loss, Grief and Trauma |                             | Level | l: 7 |  | Credit<br>Value: | 20 |  |
|---------------|------------------------|-----------------------------|-------|------|--|------------------|----|--|
| Module code:  | NHS791                 | Is this a<br>new<br>module? | YES   |      |  | of mo<br>I repla |    |  |

| Cost Centre: | GANG | JACS3 code: | L510 |
|--------------|------|-------------|------|
|--------------|------|-------------|------|

| Trimester(s) in which to be 2 | With effect from: | January 18 |
|-------------------------------|-------------------|------------|
|-------------------------------|-------------------|------------|

| School: Social & Life Sciences | Module<br>Leader: | Vivienne Dacre |
|--------------------------------|-------------------|----------------|
|--------------------------------|-------------------|----------------|

| Scheduled learning and teaching hours | 30 hrs  |
|---------------------------------------|---------|
| Guided independent study              | 170 hrs |
| Placement                             |         |
| Module duration (total hours)         | 200 hrs |

| Programme(s) in which to be offered                              | Core | Option |
|------------------------------------------------------------------|------|--------|
| Postgraduate Certificate Advanced Practice in the Human Services |      | ✓      |
| Postgraduate Diploma Advanced Practice in the Human Services     | ✓    |        |
| MSc Advanced Practice in the Human Services                      | ✓    |        |

# **Pre-requisites**

 Office use only

 Initial approval July 16

 APSC approval of modification Enter date of approval
 Version 1

 Have any derogations received SQC approval?
 Yes □ No ✓



## **Module Aims**

- 1. To develop a sophisticated understanding of the nature and significance of loss and trauma as key factors in human services practice.
- 2. To appreciate the 'invisibility' of grief and trauma in much of human services practice.
- 3. To recognise the potentially detrimental consequences of the role of grief and trauma not being acknowledged or acted upon.

## **Intended Learning Outcomes**

Key skills for employability

- KS1 Written, oral and media communication skills
- KS2 Leadership, team working and networking skills
- KS3 Opportunity, creativity and problem solving skills
- KS4 Information technology skills and digital literacy
- KS5 Information management skills
- KS6 Research skills
- KS7 Intercultural and sustainability skills
- KS8 Career management skills
- KS9 Learning to learn (managing personal and professional development, selfmanagement)
- KS10 Numeracy

| At the end of this module, students will be able to |                                                                                                                          | Key Skills |     |  |  |
|-----------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|------------|-----|--|--|
| 1                                                   | Recognise and articulate the often hidden role of grief and                                                              | KS1        | KS3 |  |  |
|                                                     | trauma in a wide range of practice situations                                                                            | KS5        |     |  |  |
|                                                     |                                                                                                                          |            |     |  |  |
|                                                     | Demonstrate a sophisticated understanding of what is                                                                     | KS1        | KS3 |  |  |
| 2                                                   | involved in responding effectively to high-emotion situations, including circumstances characterised by grief, anger and | KS5        |     |  |  |
|                                                     | distress.                                                                                                                |            |     |  |  |
| 3                                                   | Demonstrate a sophisticated understanding of what is                                                                     | KS1        | KS8 |  |  |
|                                                     | involved in practising self-care skills while also being able to                                                         |            |     |  |  |
|                                                     | support others.                                                                                                          |            |     |  |  |
| Transferable/key skills and other attributes        |                                                                                                                          |            |     |  |  |
| Emotional intelligence; self-care skills            |                                                                                                                          |            |     |  |  |



#### Derogations

N/A

## Assessment:

Conventional essay to test the breadth and depth of understanding relating to the significance of loss, grief and trauma in human services contexts.

| Assessment<br>number | Outcomes to 1 Type of assessment |       | Weighting<br>(%) | Duration<br>(if exam) | Word count<br>(or equivalent if<br>appropriate) |
|----------------------|----------------------------------|-------|------------------|-----------------------|-------------------------------------------------|
| 1                    | 1 to 3                           | Essay | 100%             |                       | 3,000                                           |

## Learning and Teaching Strategies:

- 1. Expert input via video, audio, webinar and written sources.
- 2. Signposting to other relevant resources.
- 3. A workbook with exercises and space for learning notes.
- 4. Online discussion of key issues with tutorial input.
- 5. A monthly online seminar.
- 6. Individual support by electronic means.

## Syllabus outline:

This module will cover the following topics:

- 1. Introduction: Why study loss, grief and trauma?
- 2. What is grief?
- 3. What is trauma?
- 4. Disenfranchised, suffocated and invisible grief
- 5. Complicated grief
- 6. Transformational grief and traumatic growth
- 7. Childhood trauma and abuse
- 8. Social aspects of loss, grief and trauma 1: Cultural differences
- 9. Social aspects of loss, grief and trauma 2: Gender differences
- 10. Multiple and cumulative losses
- 11. Spirituality and loss
- 12. Conclusion



## **Bibliography:**

## **Essential reading**

Schneider, J. M. (2012) *Finding My Way: Healing and Transformation through Loss and Grief*, 2nd edn, Traverse City, MI, Seasons Press. Thompson, N. (2012) *Grief and its Challenges*, Basingstoke, Palgrave Macmillan. Thompson, N. and Walsh, M. (2010) 'The Existential Basis of Trauma', *Journal of Social Work Practice*, 24(4).

#### Other indicative reading

Bracken, P. (2002) Trauma: Culture, Meaning and Philosophy, London, Whurr. Corr, C.A., McNabe, C.M. and Corr, D.M. (eds) (2012) Death and Dying, Life and Living, 7<sup>th</sup> edn, Belmont, CA, Wadsworth. Doka, K.J. and Martin, T.L. (2010) Grieving Beyond Gender. Understanding the Ways Men and Women Mourn, New York, Routledge. Harris, D.L. and Bordere, T.C. (eds) (2016) Handbook of Social Justice in Loss and Grief: Exploring Diversity, Equity and Inclusion, new York, Routledge. Neimever, R.A., Harris, D.L. Winokuer, H. and Thornton, G.F. (eds) (2014) Grief and Bereavement in Contemporary Society: Bridging Research and Practice, New York, Routledge. Thompson, N. (ed.) (2002) Loss and Grief, Basingstoke, Palgrave Macmillan. Thompson, N. (2009) Loss, Grief and Trauma in the Workplace, Amityville, NY, Baywood. Thompson, N. (2012) Crisis Intervention, Lyme Regis, Russell House Publishina. Thompson, N., Cox, G. and Stevenson, R. (eds) (2016) Handbook of Traumatic Loss, New York, Routledge. Tomer, A., Eliason, G.T. and Wong, P.T.P. (eds) (2008) Existential and Spiritual Issues in Death Attitudes, New York, Lawrence Erlbaum Associates. Weinstein, J. (2008) Working with Loss, Death and Bereavement: A Guide for Social Workers, London, Sage.